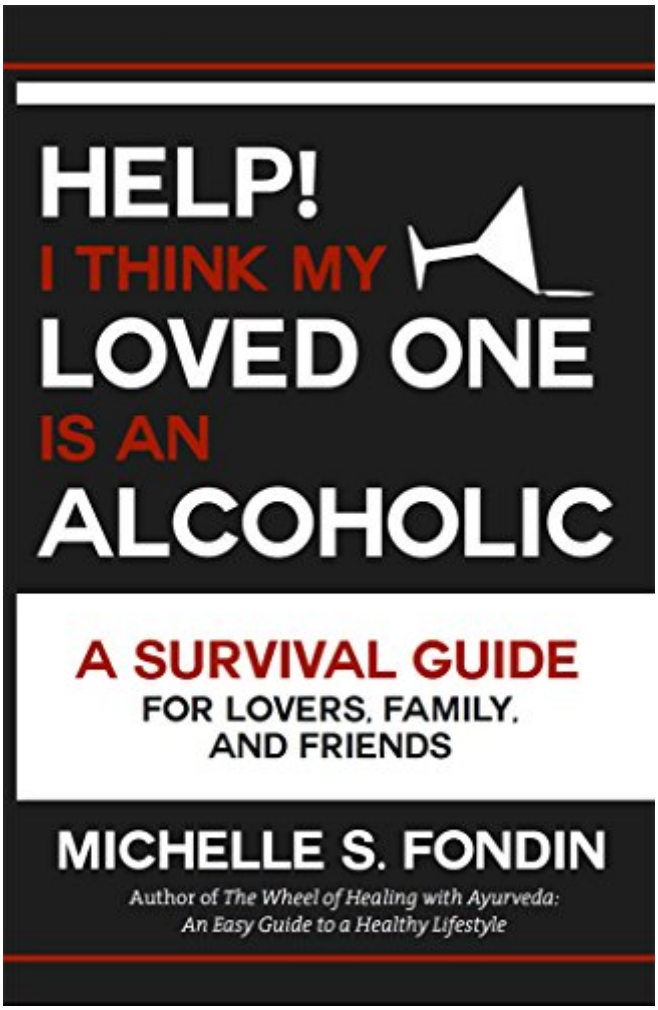
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Help! I Think My Loved One Is An Alcoholic: A Survival Guide For Lovers, Family, And Friends



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Synopsis

No. You’re not crazy. The person you love is probably an alcoholic. You’ve been blindsided by lies, deception, denial, a life of chaos, and experienced Dr. Jekyll and Mr. Hyde. You’ve hidden bottles, poured out the alcohol, and begged your loved one not to drink. Don’t despair. There is hope. This survival guide will help you understand the nature of the disease of alcoholism, alcoholic behavior, and how you can regain control of your life. In your understanding, you can come to a place of peace and love for yourself and for your alcoholic loved one, and ultimately win the battle of addiction.Whether you are new to addiction and recovery or an Adult Child of an Alcoholic, this book will help you embrace your own recovery and uncover the meaning of sobriety.

Book Information

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Customer Reviews

This is the best book I’ve ever had because it deals with early Sobriety and all the problems that arise with it. I highly suggest purchasing this book any questions that I had I emailed the author that pertained to my personal struggles with an addict.

The author leverages with the stories of several alcoholics throughout the book. This book is adequate for someone new to educating themselves about alcoholism and may not know where to turn for help. Some links for helpful resources are provided throughout and sources are cited at the back of the book.This review addresses context and content of what the author writes to convey about alcoholism and does not include professional opinions and assessments regarding editing or proofreading.

I love this book. This book was not easy to purchase ... because pride and denial can get in the way. I purchased the Audio version ... I have listened to this book 3 - 4 times . I get more out of it, each time I listen. This book has taught me many life lessons. I recommend this book to anyone that has a loved one struggling with any kind of addiction, or anyone that suspects their loved one may be struggling with addiction - life in itself presents so many challenges ... this book really puts everything into perspective. There is a stigma associated with any kind of addiction ... but, it seems to be affecting more of us every day ... this book is a resource that can be used for many different situations we face in life. The author/narrator is great ... very sincere... I wish I had listened to this book a few years ago , but, I've got it now !!

Written honestly and with much care about the topic of alcoholism. As someone who is in love with an alcoholic, I found this book both helpful and hopeful. It's wonderful knowing I am not alone in this journey. Michelle's book answered many questions I had concerning my relationship and gave me tools to move forward in support and love.

The book was well written and informative. As a person in long term recovery and also having family that have struggled with Alcoholism I will be utilizing this in my work and with family. It is very hopeful and extremely helpful information. Thank you for sharing your story and experiences.

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